

HANHAM TODDLERS PRE-SCHOOL

Title		Reference	
-------	--	-----------	--

1.0 Policy

1.1 At Hanham Toddlers Pre-School the safety and wellbeing of every child in our care is our highest priority. We recognise that quality rest is vital for development, and we are committed to providing a safe, secure, and responsive sleep environment. This policy is guided by current [EYFS Statutory Framework](#) guidelines, The Lullaby Trust, and the NHS Safer Sleep Advice to reduce the risk of Sudden Infant Death Syndrome (SIDS).

2.0 Scope

2.1 This procedure defines how the pre-school provides a safe sleep environment whilst ensuring the safety and well-being of every child and the processes to be followed at any time when a child is sleeping.

3.0 Referenced Documents

Early Years Statutory Framework – July 2025
 The Lullaby Trust
 NHS Safer Sleep Advice
 Sudden Infant Death Syndrome (SIDS)
 P1-2 Record Retention
 P2-24 Safeguarding
 P2-29 Risk Assessments

4.0 Definitions

The Pre-School: Hanham Toddlers Pre-School (HTPS)

Board of Trustees: The body that has the overall responsibility for the day to day running of the Pre-School, comprising the Trustees, including the Pre-School Manager(s).

Approved	Print Name	N. Thomas / S. Rouch	Position:	Manager
	Signature		Date:	
Authorised For issue	Print Name	Lorraine Bunting	Position:	Chair
	Signature		Date:	
Issue: 1a		Date:		Page 1 of

Title		Reference	
-------	--	-----------	--

5.0 Procedure

5.1 Contents

- 5.1 Contents
- 5.2 Introduction
- 5.3 Safe Sleep Practice & Environment

5.2 Introduction

5.2.1 The Pre-School shall operate in accordance with the Early Years Foundation Stage Statutory Framework when fulfilling their role in providing child protection by monitoring children whilst they are sleeping to ensure their safety and well-being is maintained at all times.

5.3 Safe Sleep Practice & Environment

5.3.1 To ensure the safety and well-being of sleeping children, all practitioners working within the 18mnpnth old unit will receive Safer Sleep Training via The Lullaby Trust.

5.3.2 To ensure a safe sleeping environment, all practitioners must adhere to the following procedures:

- Placement: Babies will be placed on their backs to sleep, with their feet at the "foot of the cot" (feet-to-foot), unless otherwise advised in writing by a medical professional.
- Sleep Space: Every child is provided with their own individual, clean sleep space (e.g., cot, travel cot, sleep mat). Sleep surfaces must be firm, flat, and waterproof.
- Clear Cots: Cots must remain entirely clear of soft toys, bumpers, wedges, loose bedding, and pillows for babies under 12 months.
- Temperature: Room temperatures are closely monitored and maintained between 16–20°C. Thermometers are checked and recorded frequently.
- Clothing & Bedding: Practitioners will ensure babies are not overdressed. Hats, hoods, and bibs are removed before sleeping. Lightweight blankets or properly fitted baby sleeping bags (conforming to British Standards) are used.
- Safe Sleep Equipment: All equipment must comply with British Safety Standards and will be regularly checked for general wear and tear, with replacement equipment sourced immediately as appropriate, where appropriate dates of purchase will be recorded.
- Comforters: Children may use a dummy during sleep times providing that they are not damaged and any cords or attachments are removed. Children are not permitted to use any soft toys, additional blankets or any other form of comforter during sleep times. Should a child's dummy fall out/become removed during sleep practitioners will not replace them

Title		Reference	
- Health & Hygiene: All children will have personalised bedding that is stored in a labelled basket out of reach of children. Sleep Mats will be sanitised following each use to ensure it is clean in preparation for its next use and to prevent the spread of infection. Bedding will be washed weekly to ensure it is safe for use and again to prevent the spread of infection. 5.3.3 Monitoring and Supervision: We maintain high levels of supervision to ensure children are safe at all times: - Visual/Auditory Checks: Sleeping children are kept within the sight and hearing of practitioners. - Physical Checks: Staff will visually check sleeping babies every 10 minutes, checking the rise and fall of the chest and the baby's position. - Sleep Logs: All sleep checks are recorded on the setting's Sleep Check Forms noting the time, physical state of the child, and initials of the observing staff member. - Awake to Sleep: If a child falls asleep in an inclined position (such as a car seat, bouncy chair, or pushchair) while arriving at the setting, they will be immediately moved to a firm, flat surface. - On Waking: The duration of a child's sleep will be logged on the Daily Diary section of the Learning Journal App. 5.3.4 Partnership with Parents: - We discuss sleep routines and individual needs with parents during settling-in sessions and record these on the child's Home Visit Paperwork. - We work with parents to transition children to new sleeping routines (e.g., moving from a Moses basket to a cot/cot to a bed/sleep mat) to ensure consistency between home and the setting.			
Issue: 1a	Date:	Page 3 of	